



Member Assistance Program (MAP)

SSQ Insurance believes that sound management of group insurance plans rests on prevention and health promotion, the most essential components of the workplace attendance.

In view of the above, the purpose of our *Member Assistance Program (MAP)* is to improve health and wellness at work, resolve physical and psychological problems in the short term and prevent absenteeism in organizations.

To adequately promote the service in your organization, we provide you with a full range of communication tools so the you can reach all your members quickly.

The Member Assistance Program includes:

- 12 of consultation at an office, via a secure Web site or on the phone
- Get earlier medical appointment*
- Telephone coaching service for managers within the organization
- Intervention in a crisis situation
- One hour of legal or financial consultation
- Video Capsules on healthy management practices
- Possibility of referring members for the help they may need to find a shelter or childcare services
- Health evaluation questionnaire
- Conference on health at the workplace
- Health newsletter

*This service is carried out by available resources in the public health network.

Professional and confidential help
Available 24/7

For more information,
1-877-480-2240
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