My Life List

My Life List is designed to help you collect and review all of the key personal and financial information in your life. This information can be extremely helpful to your executor and loved ones if you were to pass away. It can also assist you and your financial advisor to build a more complete financial plan.



About me

Name			
Address			
Telephone	Email		Social Insurance Number
Emergency contact name			Emergency contact telephone
My profess	ionals	Insurance agent	
		Name	
Lawyer		Address	
Name		Telephone	
Address		Email	
Telephone		 Doctor/healthca	re
Email			
Accountant		Name Address	
Name		Telephone	
Address		Email	
Telephone			
Email			
Financial advisor			
Name			
Address			
Telephone			

My legal documents

I have a will ☐ Yes ☐ No If yes, it is located: Person who prepared my Power Person who prepared my Will of Attorney for Personal Care Name Name Address Address Telephone Telephone Email Email My executor My Power of Attorney for Personal Care Name Name Address Address Telephone Telephone Email Email I have a Power of Attorney for Property \square Yes \square No I have a legal trust \square Yes \square No If yes, it is located: _ If yes, it is located: _ Person who prepared my Power of Attorney for Property Person who prepared my trust Name Name Address Address Telephone Telephone Email Email My Power of Attorney for Property Name Address Telephone Email I have a Power of Attorney for Personal Care \square Yes \square No If yes, it is located: _

My funeral arrangements

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	neral arrangements 🗌 Yes 🔲 No
If yes, name and address o	funeral home:
My employ	ment information
in, omple,	
My current employer	
Address	
Telephone	Email
I have group insurance \Box	s 🗆 No
I am part of a pension plan	☐ Yes ☐ No
	ther benefits from a past employer \square Yes \square No
If yes, details:	
My person	al documents
I have a birth certificate \Box	Yes □ No If yes, it is located:
I have a marriage certificat	☐ Yes ☐ No If yes, it is located:
I have a divorce or separat	n agreement 🗆 Yes 🗀 No 💮 If yes, it is located:
List details of any other imp	ortant personal documents:
My home	
I rent my home ☐ Yes ☐ N	
	andlord:
Record details of:	
☐ Electricity	
☐ Phone	
☐ Gas	
☐ Cable	
☐ Water	
☐ Internet	
This is located:	

My	credit cards
Record	the following details:
☐ Card	number
☐ Expir	ation date
	of recent account statements
_	and password for online account access
This is lo	ocated:
Tip	Store physical documents in a fireproof safe, a safety deposit box,
	or with your lawyer. Make sure at least two loved ones know
	how to access these places if they need to.
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My	mortgage or loans
Record	the following details:
□ Com	pany that provided the loan or mortgage
□ Сору	of the mortgage or loan agreement
This is lo	ocated:
My	tax return
Record	the following details:
□ Сору	of recent tax return
☐ Logir	and password for online CRA account access if applicable
This is lo	ocated:
My	titles and deeds
Record	titles or deeds to any property, such as:
☐ Real	estate
☐ Moto	r vehicles
☐ Boat	S
This is lo	ocated:
My	bank accounts
Record	account statements and online login information for:
☐ Chec	quing accounts
☐ Savir	ngs accounts
	ollar accounts
This is lo	ocated:

Tip Make digital copies of your paper documents using a scanner, a scanning app or a camera. This will help protect you from loss and make retrieving your documents easy.

My investments
Record account statements and online login information for:
☐ Mutual funds
□ GICs
□ Stocks
□ Bonds
☐ Savings bonds
□ RRSPs
□ TFSAs
☐ Non-registered investments
☐ Shares in a private company
This is located:
My insurance
Record account statements and policy documents for:
☐ Life insurance
☐ Disability insurance
☐ Critical illness insurance
☐ Home and auto insurance
☐ Health insurance
☐ Pet insurance
My physical assets
Record location and value of personal items such as:
□ Paintings and sculptures
☐ Jewellery and watches
☐ Antiques and collectibles
Tip Walk through your home and storage places with a notebook
or video camera to make note of all your belongings. This can help with estate planning and in the event of fire or theft.
My physical storage
Location of fireproof safe and how to access:
Location of safe deposit box and how to access:

Location of storage facility and how to access: _

My email accounts
Record login credentials for all accounts
☐ Yahoo! Mail
☐ Other
This is located:
My payments or e-commerce accounts
Record login credentials for all accounts
□ Venmo
This is located:
My social media accounts Record login credentials for all accounts
□ Twitter
□ LinkedIn
This is located:
My notes
Use this space to write down anything else that might be important for somebody to know if they were responsible for managing your affairs.